



EQUIPPING YOUNG RUNNERS

FREE KID'S RUNNING CLINICS Joplin Memorial Marathon JOPLIN FAMILY YMCA

Get your child plugged into our area's young running community! The Joplin Family YMCA's kid's running clinics will guide children as they train for the Joplin Memorial Kid's Fun Run on May 19, teaching them stretching, pacing and safe running techniques. The clinics will also encourage relationships with other young runners, enabling them to support one another.

Children will also get a running log, so they can track their miles as they train. Kids who complete 25 miles of running prior to race day will be able to celebrate completing their own version of a marathon when they cross the finish line on race day!



May 19, 2017

What You've Just Got to Know

To register, just fill out the form on the back and return it to either Joplin Y branch.

- **Dates and Times:** The clinic meets March 11 at 11:00am and May 8 at 6:00pm
- **Location:** Leonard Park (Behind Toys R Us in Joplin)
- **Cost:** FREE

For more information, please call the Y's Director of Healthy Living at 417 781 YMCA.



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Free Kid's Running Clinics Registration JOPLIN FAMILY YMCA

Name _____ Birth Date _____ Age _____

Address _____ City _____ State _____ Zip _____

Phone _____ Email Address _____ Gender: M F

Primary Emergency Contact Name _____ Phone _____

Secondary Emergency Contact Name _____ Phone _____

Person(s) authorized to pick up children _____

Every Child is a Star!

I give the Joplin Family YMCA permission to use any pictures taken of my child while participating in Kids' Running Clinics for the purposes of their own advertising.

Initial Here: _____

In consideration of your acceptance of this entry, I hereby waive, release and forever discard all claims, rights and causes of action of any kind or nature for myself, my heirs, executors and administrators, against sponsors and organizers of the Joplin Family YMCA running clinics, their agents, servants, officers, employees, directors, representatives and assigns for injury or illness which may directly or indirectly result from my participation in the Joplin Family YMCA running clinics, and I further agree to save and hold said parties harmless and agree to indemnify each of said persons against all liability for any loss, cost, injury or damage to persons or property which may arise by virtue of the undersigned engaging in the Joplin Family YMCA running clinics. I further state that I am in proper physical condition to participate in this event. I recognize the sponsors have not undertaken to provide undersigned with any medical care, treatment or advice concerning my participation.

Signature (parent or guardian if under 18) _____ Date _____

Return completed and signed form with program fee to either Joplin Family YMCA location: 510 S. Wall Ave., Joplin, MO 64801 or 3404 W. McIntosh Circle Drive, Joplin, MO 64804.

Date _____ Receipt# _____ Amt. Paid _____
 Session Code: 16FEB Program Code: 02FTKIDRUN

